

# February 2019 Weekly Fresh Menu

S= Single Serving  
T= Twin ~ 2 Servings  
F= Family ~ 5-6 Servings



## Week of February 5<sup>th</sup>

- 1. Chicken au Gratin** S 7.99  
(Special Order Wheat Free without Breadcrumbs)  
A simple, elegant dish of white meat chicken simmered in a creamy gravy with a crunchy crumb topping. T 15.99  
F 31.99
- 2. Lemon and Garlic Broiled Haddock** S 9.99  
(Special Order Dairy Free without Carrots)  
Mild, white fish with lemon butter served with creamed carrots and a wild rice pilaf studded with sautéed onions and dill. T 18.99  
F 36.99
- 3. Norwegian Meatballs** S 8.99  
Rich and flavorful with brandy and spices in a creamy dark sauce served with mashed potatoes and rutabagas. T 16.99  
F 33.99
- 4. Pork Chops Mozzarella** S 8.99  
Layers of boneless pork chops, tomato sauce, cheese with roasted zucchini and fresh herbs. T 16.99  
F 33.99
- 5. Winter Vegetable Quiche**  
 S 7.99  
A lovely dish baked with squash, peppers, eggplant, gruyere cheese and a butternut squash pie crust. T 15.99  
F 31.99

### SOUP: Hearty White Bean Soup with Sausage

5.99  
A hearty winter soup with two kind of beans, Cajun sausage, tomatoes, onions and peppers sure to warm you up!

### SALAD: Winter Tossed Salad

6.99  
Mesclun lettuce, mandarin oranges, Asian pears, Craisins, cheddar cheese and a raspberry vinaigrette.

**MUFFINS: Blackberry Crumb Muffins ½ dz** 6.99

**DESSERT: Banana Bread Coffee Cake** 5.99

## Week of February 19<sup>th</sup>

- 1. Big Meatball Stew** S 7.99  
Juicy meatballs simmered in a fragrant stew of peppers, green beans, mushrooms and tomatoes. T 15.99  
F 31.99
- 2. Honey Mustard Pork Tenderloin** S 8.99  
Lean and tender pork with a tasty sauce served with green onion mashed potatoes and broccoli. T 16.99  
F 33.99
- 3. Oven Fried Cornflake Crusted Scrod**  
 S 9.99  
Delicate cod fillets, oven fried until golden, brown and delicious served with yellow squash soufflé. T 18.99  
F 36.99
- 4. Stuffed Chicken Thighs** S 8.99  
Tender boneless chicken thighs stuffed with Italian turkey sausage and wrapped in bacon. This meal is sure to be a homerun for your next dinner! T 16.99  
F 33.99
- 5. Sweet Potato Burrito** S 7.99  
An "O.K!" favorite! A tasty combination of mashed sweet potatoes, kidney beans, spices, flour tortillas and cheddar cheese. T 15.99  
F 31.99

**SOUP: Tomato Soup with Sherry** 5.99  
Made with lots of veggies, tomato broth, corn, zucchini and a splash of sherry.

### SALAD: Japanese House Salad

6.99  
Lettuce, spinach, zucchini, carrots, tomato, broccoli, cucumbers, red onion, sesame seeds and a ginger carrot dressing.

**MUFFINS: Raspberry Cheesecake Muffins ½ dz** 6.99

**DESSERT: White Velvet Cake** 5.99

## Week of February 12<sup>th</sup>

- 1. Carrot Lentil "Meatloaf"** S 7.99  
A bright vegetarian "meatloaf" with veggie gravy that is full of protein and flavor. T 15.99  
F 31.99
- 2. Chicken and Stuffin'** S 7.99  
Roasted white meat with herbed pan gravy and homemade stuffing laced with shallots, Cognac and tarragon. T 15.99  
F 31.99
- 3. Sweet Citrus Shrimp** S 9.99  
Plump shrimp marinated in sweet citrus served over steamed rice and ginger-garlic green beans. T 18.99  
F 36.99
- 4. Swiss Steak** S 8.99  
Long simmered beef sirloin smothered with carrots and tomato. T 16.99  
F 33.99
- 5. Valentine's Pork Chop** S 8.99  
Pan sizzled pork chop with the bold flavors of garlic, lemon and capers and a tangy sauce you are sure to love. Served with mashed potatoes and sautéed greens. T 16.99  
F 33.99

**SOUP: North Woods Soup** 5.99  
Smoked ham, white beans and kale come together to create this rich and satisfying soup.

**SALAD: Spinach, Pomegranate Salad** 6.99  
Spinach, pomegranate, feta and a white balsamic vinaigrette.

**MUFFINS: Mocha Chocolate Chip Muffins ½ dz** 6.99

**DESSERT: Chocolate Cake** 5.99

## Week of February 26<sup>th</sup>

- 1. Beef Bolognese** S 7.99  
A hearty, meaty sauce studded with veggies and tons of flavor over al dente pasta topped with Parmesan. T 15.99  
F 31.99
- 2. Broiled Haddock with Old Bay Fingerling Potatoes**  
 S 9.99  
Delicious and healthy, served with steamed vegetables and roasted fingerling potatoes. T 18.99  
F 36.99
- 3. Eggplant Mousse Cakes with Ricotta**  
 S 7.99  
Stuffed eggplant "steaks" baked with three cheeses, served over tomato quinoa "risotto style". T 15.99  
F 31.99
- 4. Orange Balsamic Chicken** S 8.99  
A sweet, well balanced sauce with fresh herbs, glazes golden brown chicken filets with half sweet mashed potatoes and broccoli. T 16.99  
F 33.99
- 5. Turkey Pot Roast with Root Vegetables**  
 S 8.99  
Spoon tender dark meat turkey with rich vegetables and a slow simmered sauce. T 16.99  
F 33.99

**SOUP: Corsican Soup** 5.99  
A wonderful rustic, thick and creamy soup full of potato, pasta, veggies and herbs.

**SALAD: Simple Green Salad** 6.99  
Green lettuce, mesclun lettuce and a sherry vinaigrette.

**MUFFINS: Sweet Wheat Muffins ½ dz** 6.99

**DESSERT: Banana Chocolate Chip Cake** 5.99