



Dairy Free - No Dairy or Lactose



Diabetic Friendly – 75g or less of carbohydrates per portion



Garlic Free – No Garlic



Heart Friendly – 600mg or less of sodium/less than 30% fat of your daily value



Renal Friendly – 880mg or less of potassium



25g or less of net carbohydrates



Sodium Sensitive – 500mg or less of sodium



Vegetarian – May include Dairy or Eggs



Weight Management – Under 500 Calories and under 50g of carbohydrates



Wheat Free – No Wheat or Gluten containing ingredients meals are NOT made in a dedicated Gluten-Free kitchen