

December 2018 Weekly Fresh Menu

S= Single Serving
T= Twin ~ 2 Servings
F= Family ~ 5-6 Servings



Week of December 4th

- Butterfly Pasta with Smoked Salmon and Creamy Vodka Sauce** (K)(SS) S 9.99
T 18.99
F 36.99
(Special Order Gluten Free Pasta)
A healthier version of a classic with a creamy sauce, fresh tomatoes, smoked salmon and peas.
 - Chicken, Spinach and Mushroom Crepes** (D)(GF)(K)(SS)(VM) S 7.99
T 15.99
F 31.99
Delicate crepes filled with pulled chicken, sautéed mushrooms and spinach baked with Fontina cheese sauce.
 - Guinness BBQ Pork Tips** (DF)(D) S 8.99
T 16.99
F 33.99
Rubbed and slow cooked until tender, glazed and grilled for a real treat served with maple whipped sweet potatoes and green beans with bacon and onions.
 - Italian Vegetable Stew** (DF)(D)(K)(SS)(VV)(VM)(WF) S 7.99
T 15.99
F 31.99
This hearty stew is chock full of veggies, lentils and quinoa, it reminds me of chilly nights at my Nana's house. Perfect with a side of our homemade bread!
 - Meatloaf with Sweet Ketchup Glaze** (DF)(D)(GF)(K)(WF) S 7.99
T 15.99
F 31.99
My favorite meatloaf of all time, traditional flavors with a delicious glaze that is a homerun every time. Served with roasted red bliss potatoes and vegetable medley.
- SOUP: Fully Loaded Potato Soup** (GF)(SS)(WF) 5.99
A year round favorite, perfect for a warm lunch on a cold day.
- SALAD: Orange Arugula Salad** 6.99
Arugula, mandarin oranges, spinach, ricotta salata, black olives and a citrus vinaigrette.
- MUFFINS: Blueberry Bran Muffins ½ dz** 6.99
DESSERT: Spiced Autumn Cake 5.99

Week of December 18th

- Basil Shrimp with Orzo and Feta** (D)(GF)(K)(SS)(VM) S 9.99
T 18.99
F 36.99
(Special Order Dairy Free without Feta)
Light and fresh baked shrimp with lemon, tomato and rice shaped pasta tossed with feta cheese.
 - Chicken Piccata** (DF)(D)(GF)(K)(SS)(VM)(WF) S 7.99
T 15.99
F 31.99
Tender boneless chicken breast, golden browned and simmered with garlic, lemon and caper sauce with roasted fingerling potatoes, parsnips and carrots.
 - Christmas Beef Casserole** (D)(K)(SS)(VM)(WF) S 8.99
T 16.99
F 33.99
Lean beef, slow cooked in a fragrant sauce served with mashed potatoes and sautéed savory greens with garlic and scallions.
 - Cider Braised Pork Shoulder with Apples** (DF)(D)(K)(SS)(WF) S 7.99
T 15.99
F 31.99
A long, slow braise for super tender meat served with garlic, thyme roasted potatoes with green beans, wax beans and baby carrots.
 - Sloppy Joe Pierogi Pie** (D)(K)(SS)(V) S 7.99
T 15.99
F 31.99
A heart healthy, vegetarian version of the classic topped with potato Perogies and cheddar cheese.
- SOUP: Pasta e Fagioli** (D)(GF)(K)(V) 5.99
Always in my household! Simple, delicious soup with ditalini pasta and chickpeas.
- SALAD: Christmas Roasted Apple Salad** 6.99
Arugula, arcadian lettuces, roasted apples, Bleu cheese, Craisins, pumpkin seeds with a Dijon vinaigrette.
- MUFFINS: Eggnog Muffins ½ dz** 6.99
DESSERT: Candy Cane Brownies 5.99

Week of December 11th

- Beef Sauerbraten** (D)(GF)(K)(SS) S 8.99
T 16.99
F 33.99
A classic dish with homemade gingersnap sauce, mashed potatoes and "buttered" carrots.
 - Butternut Ravioli Bake** (D)(V) S 8.99
T 16.99
F 33.99
Joseph's butternut ravioli with a creamy bright butternut sauce, Brussels spouts, sage and Parmesan.
 - Cherry and Wild Rice Stuffed Pork** (D)(GF)(K)(SS) S 7.99
T 15.99
F 31.99
Roasted pork loin rolled around wild rice and cherry stuffing served with savory bacon, apple bread pudding and steamed vegetables.
 - Shrimp Fra Diavolo** (DF)(D)(K)(SS) S 9.99
T 18.99
F 36.99
(Special Order Gluten Free Pasta)
Plump shrimp in a spicy tomato sauce over linguine.
 - Winter Market Chicken** (DF)(D)(K)(SS)(WF) S 7.99
T 15.99
F 31.99
Slow braised dark meat stew that will warm you up, with carrots, sweet potatoes, ginger with a dash of chile and spices.
- SOUP: Sweet Potato Bisque** (DF)(D)(GF)(K)(VV)(V)(WF) 5.99
An elegant soup with a bit of apple and ginger.
- SALAD: Arugula Salad with Roasted Red Peppers** 6.99
Arugula, arcadian lettuce, red onions, red and yellow peppers with a garlic balsamic vinaigrette.
- MUFFINS: Pumpkin Oatmeal Muffins ½ dz** 6.99
DESSERT: Carrot Cake 5.99

Week of December 25th



**Kitchen is CLOSED
for Holiday Break
December 23rd – December 30th**

**The kitchen will re-open
Monday, December 31st
with regular delivery
scheduled for the week.**

**Wishing you all the blessings
of the season!**

Your October Kitchen Crew

