

# August 2021 3-24

## Weekly Fresh Menu

S= Single Serving  
T= Twin ~ 2 Servings  
F= Family ~ 5-6 Servings



### Week of August 3<sup>rd</sup>

- Deviled Round Steak** (D, GF, LF, SS, WM, WF) S 9.99  
Delicious beefsteak simmered until tender and seasoned so there's "just a little zip" topped with bacon, onion gravy served with mashed potatoes and baby carrots. T 18.99  
F 36.99
- Pasta with Roasted Tomato Sauce** (NEW) (D, LF, K, SS, V) (Special Order) (DF) without Cheese, (Special Order) (WF) Pasta S 8.99  
Tomatoes are at their prime right now; so we made a simple, delicate sauce with garden-fresh roasted tomatoes, olive oil, garlic and basil. Loaded over bell flower pasta, finished with sharp Manchego cheese and fresh mozzarella. T 16.99  
F 33.99
- Plum Good Roast Pork Tenderloin** S 9.49  
(DF, D, LF, K, SS, WM, WF) T 18.49  
Roasted pork tenderloin with the perfect compliment of plums served with Jasmine rice, sesame roasted asparagus and bok choy. F 36.49
- Salmon Pot Pie** (D, GF, SS) S 9.99  
Salmon, leeks and peas overflowing in a light, creamy sauce flavored with lemon and dill. Finished with a puff pastry on top. T 18.99  
F 36.99
- Sundried Tomato Stuffed Chicken** (D, LF, K, SS, WM, WF) S 9.49  
Chicken breasts stuffed with asparagus, sundried tomatoes and Parmesan served with wild rice pilaf and steamed broccoli and cauliflower. T 18.49  
F 36.49

#### SOUP: Chilled Gazpacho Soup ~ DO NOT FREEZE ~

(DF, D, LF, LC, K, SS, V, WM, WF) 6.99  
A robust and substantial cold summer vegetable soup.

#### SALAD: Green House Salad

Arcadian lettuce, tomatoes, cucumbers, red onions, red peppers and a honey balsamic vinaigrette. 8.99

**MUFFINS: Lemon Ricotta Muffins ½ dz** 7.99

**DESSERT: Cinnamon Coffee Cake** 6.99

### Week of August 10<sup>th</sup>

- Chicken Mediterranean** (D, LF, K, SS, WM, WF) S 9.49  
Tender, tangy yogurt marinated chicken served with potato sauté tossed with roasted peppers, spinach, chickpeas, olives, onion, garlic and spices. T 18.49  
F 36.49
- Chinese Zoodles** (DF, D, LF, K, SS, V, WM, WF) S 8.99  
A traditional Lo Mein made with the lively addition of zucchini noodles studded with crunchy stir fry veggies. T 16.99  
F 33.99
- Parmesan Crusted Tilapia** (D, GF, LF, SS, WM) S 9.99  
(Special Order Dairy Free without Cheese, Special Order Wheat Free without Orzo) T 18.99  
Firm, tasty fish with an herb and cheese crust served with lemon pepper sautéed zucchini and orzo. F 36.99
- Peach Glazed Pork Chops** (DF, D, GF, LF, K, SS, WF) S 9.49  
Pan seared bone-in chops with sweet and tangy peach glaze served over pineapple rice studded with sugar snap peas, water chestnuts and scallions. T 18.49  
F 36.49
- Rocky Mountain Beef Brisket** (D, SS) S 9.99  
A smoky, slow cooked beef brisket with house made BBQ sauce, garlicky green beans and a side of mac 'n cheese! T 18.99  
F 36.99

**SOUP: Italian Summer Soup** (NEW) (D, LF, LC, SS, WM, WF) 6.99  
Nana would whip this up when she had an abundance of vegetables in the garden! This soup is fresh, light and filled with homemade Italian sausage.

**SALAD: G-BOMB Salad** 8.99  
G-BOMB is an acronym for Greens, Beans, Onions, Mushrooms, Berries and Seeds with an orange cumin vinaigrette.

**MUFFINS: Zucchini Muffins ½ dz** 7.99

**DESSERT: Root Beer Float Cake** (NEW) 6.99

### Week of August 17<sup>th</sup>

- BBQ Turkey Meatloaf** (D, GF, LF, SS) S 9.49  
Lean ground turkey meatloaf studded with sautéed onions and topped with sweet, tangy BBQ glaze served with yellow squash soufflé. T 18.49  
F 36.49
- Beef Braciola** (D, LF) S 9.99  
Traditional Italian entrée. Tender braised beef rolled around a stuffing of cheese, breadcrumbs, prosciutto, raisins and parsley topped with marinara and served with toasted pasta pearls and broccoli. T 18.99  
F 36.99
- Chicken Cordon Bleu Meatballs** (D, GF, LF, SS, WM) S 9.49  
Lean ground chicken and turkey ham meatballs mixed with Swiss cheese and served with steamed veggies and mashed potatoes. T 18.49  
F 36.49
- Ricotta & Sundried Tomato Pasta** (NEW) (D, LF, K, SS, V) S 8.99  
Pasta tossed with garlic, sundried tomato, peas and creamy ricotta with a touch of mint and finished with Parmesan cheese. T 16.99  
F 33.99
- Shrimp BLT Frittata** (D, GF, LF, LC, K, WM, WF) S 9.99  
Fluffy baked egg casserole with plump shrimp, bacon, spinach, tomatoes and cheese. T 18.99  
F 36.99

#### SOUP: Chilled Yellow Tomato Soup

(DF, D, LF, LC, SS, V, WM, WF) 6.99  
A smooth, lush soup with ripe, local tomatoes and a sweet, mild low acidity flavor. This will be your new favorite tomato soup!

#### SALAD: Summer Chopped Salad

Arugula, frisee lettuce, Napa cabbage, cucumbers, carrots, goat cheese, Craisins and peppers with a white wine, Dijon vinaigrette. 8.99

**MUFFINS: Pineapple Crumb Muffins ½ dz** 7.99

**DESSERT: Mocha Coffee Cake** 6.99

### Week of August 24<sup>th</sup>

- Chicken Ratatouille with Pasta Pearls** (D, LF, SS) (Special Order Wheat Free without Pasta Pearls) S 9.49  
Tender, white meat chicken marinated then served over simmered squash, eggplant, peppers, feta cheese and tomatoes over toasted pasta pearls. T 18.49  
F 36.49
- Kung Pao Meatballs** (DF, D, LF, K, V, WF) (NEW) S 8.99  
Vegetarian eggplant Chinese meatballs in a dark robust sherry, Sichuan sauce with sugar snap peas, peppers, scallions and squash stir fried over brown rice. T 16.99  
F 33.99
- Pasta with Uncle Joey's Meatballs** (D) S 9.99  
Old world tomato gravy with meatballs and macaroni. Nana approved! T 18.99  
F 36.99
- Summer's End Turkey Stew** (D, GF, LF, SS, WM, WF) S 9.49  
A wonderful, robust dark meat turkey stew featuring a medley of "end of the summer" vegetables with herbs and corn. T 18.49  
F 36.49
- Tomato Balsamic Rainbow Trout** (NEW) (DF, D, LF, SS, WM) S 9.99  
A mild, delicate white fish fillet smothered in a smoky rich vinegar sauce and served over a bed of rustic lentils, orzo and potatoes. T 18.99  
F 36.99

**SOUP: Italian Vegetable Soup** (DF, D, GF, LF, K, SS, V, WM, WF) 6.99  
Hearty soup with beans, vegetables and pasta finished with basil.

**SALAD: Indian Summer Salad** 8.99  
Arcadian lettuce, zucchini, radishes, red onions and creamy white wine dressing.

**MUFFINS: Corn Muffins ½ dz** 7.99

**DESSERT: Summer Peach Cake** 6.99