

SIDES and SUCH

- Totally Healing Chicken Soup**  **by the pint.....6.99**
 Old fashioned and made from scratch with toasted orzo noodles and lots of veggies.
 It will cure what ails you!
- Our Daily Bread.....2.99**
 A lovely 1 pound sandwich loaf that is the perfect blend of flour, wheat and honey.
- NEW** **Marinara Sauce** **16 oz 4.99.....24 oz.....6.99**
 This sauce is built from the best plum tomatoes, olive oil, garlic, sweet onions and finished with fresh basil.
- Classic Egg Salad** **1/2 pint 3.49.....by the pint.....5.99**
 This is a traditional egg salad that I've made for years. It's not fancy but well balanced with bright, creamy flavors.
- Dad's Ham Salad** **1/2 pint 3.49.....by the pint.....5.99**
 Extra lean, low sodium ham, pickle relish, mayo and a touch of whole grain mustard makes for a yummy sandwich.
- Silver Palate Chicken Salad** **1/2 pint 3.99.....by the pint.....6.99**
 Roasted chunks of chicken breast tossed with dill, red grapes, a bit of sour cream and mayo all to make this a terrific option for lunch or dinner.
- Fruit Salad..... by the pint 4.99.....by the quart 8.99**
 Fresh cut fruit served in their own juices.
- Chocolate Chip Cookies, 1/2 dz.....6.99**
 Homemade, chunky, chocolate chip cookies
- Butterscotch Ranger Cookies, 1 dz 6.99**
 Butterscotch chips, reduced sugar AND gluten free. What's not to love
- Oatmeal Cherry Chocolate Crunch Cookies 1/2 dz.....6.99**
 Chewy, oatmeal cookies with cherries, white chocolate chips and a little crunch.
- NEW** **Old Fashioned Apple Crisp 8.99**
 You would never know this sweet treat is Reduced Sugar and Gluten Free! Sweet, Golden Delicious apples with cinnamon and nutmeg finished with a crispy oat topping.
- NEW** **KETO Chocolate Cake** **11.99**
 This tasty cake is Gluten Free and Sugar Free sweetened with *Lakanto* monk fruit sugar substitute. NO after taste-NO artificial anything; made with coconut flour and Dutch cocoa. This premium cake is a deliciously, unique treat.

EXTRAS

- October Kitchen Insulated Tote.....5.99**
Super-useful, multi-purpose tote! Our insulated cooler tote measures 13 x 15 x 10 with a zipper closure and bottom stabilizer for extra strength and durability.
- October Kitchen Lunch Bag.....3.99**
Perfect size for lunch on the go! Available in October Orange.
- October Kitchen Finger Mitt.....1.99**
Finger Mitt protects your hand with a thumb and finger pocket. Easy fit for all!
- Microwave Dome.....3.99**
No more microwave messes! Large, domed vented microwave cover fits over most dishes for splatter-free microwave cooking. Plastic. Dishwasher safe. 10" dia. x 4 1/2" H.



We reserve the right to change menu items and/or ingredients without notification