

# August 2020 Weekly Fresh Menu

S= Single Serving  
T= Twin ~ 2 Servings  
F= Family ~ 5-6 Servings



## Week of August 4<sup>th</sup>

- 1. Chinese Zoodles** NEW DF D V WM WF S 8.99  
A traditional Lo Mein made with the lively addition of zucchini noodles studded with crunchy stir fry vegetables. T 16.99  
F 33.99
- 2. Country Style Pork Ribs** DF D V SS WM WF S 8.99  
Lean, country style ribs smothered with smoky, sweet sauce served with German potato salad and garlic tossed green beans. T 16.99  
F 33.99
- 3. Deviled Round Steak** D GF V SS WM WF S 9.99  
Delicious beefsteak simmered until tender and seasoned so there's "just a little zip" topped with bacon, onion gravy served with mashed potatoes. T 18.99  
F 36.99
- 4. Salmon Pot Pie** NEW D GF K S 9.99  
Salmon, leeks and peas overflowing in a light, creamy sauce flavored with lemon and dill. Finished with a puff pastry on top. T 18.99  
F 36.99
- 5. Sundried Tomato and Asparagus Stuffed Chicken** S 8.99  
D V SS WM WF T 16.99  
Thin chicken breasts stuffed with asparagus and sundried tomatoes served with wild rice pilaf and broccoli, cauliflower blend. F 33.99

### SOUP: Chilled Gazpacho Soup ~ DO NOT FREEZE ~

DF D V LC K SS V WM WF 5.99  
A robust and substantial cold summer vegetable soup.

### SALAD: Green House Salad

Arcadian lettuce, tomatoes, cucumbers, red onions, red peppers and a honey balsamic vinaigrette. 7.99

**MUFFINS: Lemon Ricotta Muffins ½ dz** NEW 6.99

**DESSERT: Cinnamon Coffee Cake** NEW 5.99

## Week of August 11<sup>th</sup>

- 1. BBQ Turkey Meatloaf** GF V SS S 8.99  
*(Special Order Dairy Free without Mashed Potatoes)*  
Seasoned with sautéed onions, topped with sweet and tangy BBQ glaze with smoked Gouda mashed sweet potatoes and wax beans. T 16.99  
F 33.99
- 2. Chicken Mediterranean** D V K SS WM WF S 8.99  
Tender, tangy yogurt marinated chicken served with potato salad tossed with roasted peppers and spinach. T 16.99  
F 33.99
- 3. Parmesan Crusted Tilapia** D V SS WM S 9.99  
*(Special Order Dairy Free without Cheese, Special Order Wheat Free without Orzo)*  
Firm, tasty fish with an herb and cheese crust served with steamed vegetables and orzo. T 18.99  
F 36.99
- 4. Pasta with Garden Fresh Tomato Sauce** NEW V S 8.99  
Tomatoes are at their prime right now; so we made a simple, delicate sauce with fresh chopped tomato, olive oil, garlic, oregano and basil. While the sauce may be simple, this dish is simply amazing. T 16.99  
F 33.99
- 5. Rocky Mountain Beef Brisket** D SS S 9.99  
A smoky, slow cooked beef brisket with house made BBQ sauce, garlicky green beans and a side of mac 'n cheese! T 18.99  
F 36.99

**SOUP: Chorizo, Tomato and Spinach Soup** NEW 5.99  
DF D V LC K SS V WM WF

Smokey chorizo sausage, garlic, onions, tomatoes and sherry vinegar come together to create this rustic, summer soup.

**SALAD: G-BOMB Salad** 7.99  
G-BOMB is an acronym for Greens, Beans, Onions, Mushrooms, Berries and Seeds with an orange cumin vinaigrette.

**MUFFINS: Zucchini Muffins ½ dz** 6.99

**DESSERT: Orange Cornmeal Cake** 5.99

## Week of August 18<sup>th</sup>

- 1. Beef Braciola** D K WM S 9.99  
Tender braised beef rolled around a stuffing of cheese, breadcrumbs, prosciutto, raisins and parsley topped with marinara and served with toasted pasta pearls and broccoli. T 18.99  
F 36.99
- 2. Chicken Cordon Bleu Meatballs** D GF K SS WM S 8.99  
Lean ground chicken and turkey ham meatballs with a Swiss cheese center served with steamed veggies. T 16.99  
F 33.99
- 3. Pasta with Arugula, Ricotta and Peas** NEW D V K SS V S 8.99  
Garlic, capers, arugula, sundried tomatoes and peas overflowing in pasta with a fresh, creamy ricotta sauce flavored with a touch of mint and finished with a sprinkle of Parmesan cheese. T 16.99  
F 33.99
- 4. Peach Glazed Pork Chops** DF D GF V K SS WM WF S 9.99  
Pan seared bone-in chops with sweet and tangy peach glaze served over rice and sugar snap peas. T 18.99  
F 36.99
- 5. Shrimp BLT Frittata** D GF V LC K SS WM WF S 9.99  
*(Special Order Dairy Free without Cheese)*  
Fluffy baked egg casserole with plump shrimp, bacon, spinach, tomatoes and cheese. T 18.99  
F 36.99

### SOUP: Chilled Yellow Tomato Soup

DF D V LC V WM WF 6.99  
A smooth, lush soup with ripe, local tomatoes and a sweet, mild low acidity flavor. This will be your new favorite tomato soup!

**SALAD: Summer Chopped Salad** 7.99

Arugula, frisee lettuce, Napa cabbage, cucumbers, carrots, goat cheese, Craisins and peppers with a white wine, Dijon vinaigrette.

**MUFFINS: Pineapple Crumb Muffins ½ dz** 6.99

**DESSERT: Mocha Coffee Cake** 5.99

## Week of August 25<sup>th</sup>

- 1. Cowboy Chopped Salad** D V SS V WF S 8.99  
*~ DO NOT FREEZE ~*  
A hearty combination of squash, corn, tomatoes, beans, cheddar cheese and spinach make this unique salad. T 16.99  
F 33.99
- 2. Grilled Chicken Ratatouille with Pasta Pearls** S 8.99  
D V K SS WM *(Special Order Wheat Free without Couscous)* T 16.99  
Tender white meat chicken, marinated then grilled to perfection tossed with simmered squash, eggplant, peppers and tomatoes over toasted couscous. F 33.99
- 3. Pasta, Sunday Sauce and Uncle Joey's Meatballs** D S 9.99  
Old world tomato gravy with meatballs and macaroni. Nana approved! T 18.99  
F 36.99
- 4. Summer's End Turkey Stew** D GF V LC K SS WM WF S 8.99  
A wonderful, robust dark meat turkey stew featuring a medley of "end of the summer" vegetables with herbs and corn. T 16.99  
F 33.99
- 5. Tomato Balsamic Rainbow Trout** NEW DF D V SS S 9.99  
A mild, delicate white fish fillet layered with smoky, rustic lentils and a lovely, rich vinegar sauce. T 18.99  
F 36.99

**SOUP: Italian Vegetable Soup** 5.99  
DF D GF V LC K SS V WM WF  
Hearty soup with beans, vegetables and pasta finished with basil.

**SALAD: Indian Summer Salad** 7.99  
Arcadian lettuce, zucchini, radishes, red onions and creamy white wine dressing.

**MUFFINS: Corn Muffins ½ dz** 6.99

**DESSERT: Summer Peach Cake** 5.99